



INDICATORS OF TRAUMA IN BABIES AND TODDLERS

AGES 0-2 YEARS MAY:

- Fuss more or be harder to soothe
- Exhibit changes in sleeping or eating patterns
- Appear withdrawn
- Have rapid-onset temper tantrums
- Be hypervigilant: wide eyes, vigilantly looking around, scanning the environment
- Become overly clingy with parents or caregivers

AGES 2-5 YEARS MAY:

- Show signs of fear
- Cling to parent or caregiver more
- Excessively or inappropriately cry, scream, or whine
- Move aimlessly or freeze up
- Regress to early childhood behaviors like thumb sucking, bedwetting, or crawling
- Develop loss of eating skills
- Avoid eye contact